

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 NOVEMBER 2024 MENU 				
<ul style="list-style-type: none"> • Fresh Cut Fruit • Cobb Salad, Corn, Blue Cheese • Mixed Greens w/ Grilled Chicken • Roasted Potatoes • Oatmeal Raisin Cookie • Apples & Peanut Butter 	<ul style="list-style-type: none"> • Mediterranean Slaw • Chicken w/ Curry Sauce • Mushroom Rice Pilaf • Broccoli w/ Butter • Pecan Sandie • Cheese & Grapes 	<ul style="list-style-type: none"> • Spinach Salad • Grilled Salmon w/ Lemon Butter • Rosemary Potatoes • Green Beans • Ranger Cookie • Yogurt & Peaches 	<ul style="list-style-type: none"> • Garden Salad w/ Blue Cheese • Roasted Pork Tenderloin • Roasted Potatoes • Carrots Lyonnaise • Fresh Cut Fruit • Bananas & Peanut Butter 	<ul style="list-style-type: none"> • Greek Salad • Herbed Coated Chicken • Pasta w/ Marinara Sauce • Asparagus w/ Herb Butter • Brownies w/ Strawberries • Fresh Cut Fruit
<ul style="list-style-type: none"> • Tomato Feta Salad • Chicken w/ Dill Yogurt Sauce • Yellow Squash w/ Tomatoes • Raisin Rice Pilaf • Fresh Cut Fruit • Cheese & Grapes 	<ul style="list-style-type: none"> • Fresh Cut Fruit • Grilled Chicken • Entrée Caesar Salad • Roasted Potatoes • Ginger Snap • Tuna & Chips 	<ul style="list-style-type: none"> • Carrot Slaw • Grilled Pork Tenderloin • Tomato Rice Pilaf • Garlic Green Beans & Mushrooms • Oatmeal Raisin Cookie • Apples & Peanut Butter 	<ul style="list-style-type: none"> • Green Goddess Salad • Grilled Salmon • Roasted Sweet Potatoes • Asparagus & Peppers • Cranberry Bread • Fresh Fruit 	<ul style="list-style-type: none"> • Greek Salad • Rosemary Chicken • Garlic Mashed Potatoes • Carrots w/ Basil • Chocolate Chip Cookie • Cheese & Grapes
<ul style="list-style-type: none"> • Caesar Salad • Pecan Crusted Chicken • Horseradish Mashed Potatoes • Asparagus & Peppers • Brownie w/ Strawberries • Yogurt & Fruit 	<ul style="list-style-type: none"> • Japanese Cucumber Salad • Salmon w/ Ginger & Asian Pear Glaze • Vegetable Rice Stir Fry • Broccoli w/ Garlic Black Bean Sauce • Fresh Cut Fruit • Cheese & Grapes 	<ul style="list-style-type: none"> • Garden Salad • Grilled Pork Tenderloin • Sweet Potato Mash • Carrots w/ Basil • Chocolate Chip Cookie • Fresh Fruit 	<ul style="list-style-type: none"> • Fresh Fruit Salad • Parmesan Chicken • Pesto Potatoes • Garlic Green Beans • Peanut Butteries • Cheese & Grapes 	<ul style="list-style-type: none"> • Fresh Cut Fruit • Grilled Chicken Salad • Goat Cheese & Apples • Roasted Potatoes • Pumpkin Bread • Tuna & Chips
<ul style="list-style-type: none"> • Fresh Fruit Salad • Chicken Creole w/ Bell Peppers • Lentil Rice Pilaf • Summer Squash w/ Tarragon • Ginger Snap • Cheese & Crackers 	<ul style="list-style-type: none"> • Garden Salad • Grilled Salmon • Almond Rice • Vegetable Medley • Fresh Fruit • Bananas & Peanut Butter 	<ul style="list-style-type: none"> • Apples & Blue Cheese Salad • Roasted Chicken • Sweet Potato Mash • Green Beans • Cranberry Bread • Cheese & Fruit 		



FAMILY SPIRIT

DAY PROGRAM CALENDAR AND MENU ← NOVEMBER 2024



THURSDAY
NOVEMBER 14, 2024
6:00 - 7:30PM

Friendsgiving

CELEBRATION AT AMAZING PLACE

Meet other Amazing Place families and enjoy a delicious brain-healthy dinner prepared by Chef Michael!

Each participant may invite 2 guests.
Please RSVP via email sent from Carol Cooper.

Amazing Art Show! Thank you Artists and Volunteers!





“Our annual art show drives a sense of purpose in our participants. Their works are fantastic, but it’s about more than the art—it’s about the process and sharing a renewed belief in what is still possible.” -Casey Chelton




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY PROGRAM SCHEDULE*



NOVEMBER 2024



8:00 AM Puzzling Matters **4**
9:35 AM Visual Spatial Games
11:00 AM Weighty Workout
11:30 AM Flower Arranging

1:00 PM Billiards
2:15 PM Travelogue – Cleveland, Ohio
4:00 PM Tea Time

7:30 AM Election Day **5**
9:35 AM Proof Reading Challenge
10:20 AM Times We Treasure
11:00 AM Working with Weights

2:15 PM Scattergories Challenge
3:15 PM Laughter Yoga
4:00 PM Music Hits Sing-along

7:30 AM Cranium Crunches **6**
9:35 AM Song Titles Charades
10:20 AM Simon Says Workout
11:30 AM 50's & 60's Sing-along

1:00 PM Scrabble
2:15 PM Ted Williams: American Hero
4:00 PM Advice Column Critique

8:00 AM Coffee Chat **7**
9:35 AM Riddles
10:20 AM Loaded Questions
11:30 AM Who Am I?

2:15 PM Life & Work of Goldie Hawn
2:45 PM TimeSlips – Creative Writing
2:55 PM Refreshments
4:00 PM Junk Drawer Detective

7:30 AM Table Tent Craft **1**
9:35 AM Men's Group
10:20 AM Famous November Birthdays
11:30 AM Dia de los Muertos

2:15 PM Faithful Paws – Dog Show
2:45 PM Refreshments
4:00 PM Pet Chat

8:00 AM Coffee Chat **8**
9:35 AM Mind Matters
10:20 AM Spot the Difference
11:00 AM 30 Second Dance Party

1:00 PM Rummikub
2:15 PM Funny Couple Friday
4:30 PM Bananagrams

7:30 AM Veteran's Day **11**
9:35 AM Patriotic Puzzles
10:20 AM Flower Arranging
11:00 AM Houston Symphony

2:15 PM Military Battles That Changed History
2:45 PM Honoring Our Veterans
4:30 PM War Time Sacrifices

8:00 AM Morning Funnies **12**
9:35 AM Family Feud – "Survey Says"
10:20 AM Painting Class
11:30 AM Wordscapes

2:15 PM Movie Moments
2:45 PM Refreshments
4:00 PM Chicken Soup For The Soul

8:00 AM Morning Introduction **13**
9:35 AM Fall Carnival w/ St. Martin's (petting zoo, games, carnival games, photo booth)
11:00 AM Light Stretch

2:15 PM Newsroom Funnies
4:30 PM Participants' Choice

8:00 AM Current Events **14**
9:35 AM Men's Coffee Chat
10:20 AM What Am I?
11:30 AM New Participant Consortium

2:15 PM Participant Council
2:45 PM Snack & Chat
4:30 PM "Little Big Shots"
6:00-7:30 PM Friendsgiving

7:30 AM Word Searching **15**
9:35 AM Men's Coffee Chat
10:20 AM Fill In The Blank
11:30 AM Physical Brain Games

1:00 PM Bible Study
2:15 PM What Am I?
4:30 PM Xbox Bowling

8:00 AM Browsing *Reminisce* Magazine **18**
9:00 AM Wordy Gurdy
9:35 AM Flower Arranging
10:20 AM Morning Stretch
11:30 AM Bridge
2:15 PM Happy Birthday Mickey Mouse
4:00 PM Cranium – Board Game

8:00 AM Mazes & Word Searches **19**
9:35 AM Analogy Challenge
10:20 AM Trivia

1:00 PM Dominoes
2:15 PM America's National Parks
3:15 PM Laughter Yoga
4:00 PM Jeopardy

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CLOSED FOR STAFF TRAINING

8:00 AM Thanksgiving Puzzles **21**
9:35 AM Mind Matters
10:20 AM Great American Smoke Out
11:30 AM Word Spector

1:00 PM Rummikub
2:15 PM November Birthday Celebration
3:20 PM Funny Stories

9:35 AM Brain Busters **22**
10:20 AM You Be The Judge
11:30 AM Participants' Choice

1:00 PM Leisure Hour
2:15 PM Team Table Puzzle
4:00 PM Table Talk
4:30 PM Tea Time

8:00 AM November Word Search **25**
9:35 AM Brain Games
10:20 AM Drama Exercises
11:30 AM Word Mining

2:15 PM Legend of D.B. Cooper
3:00 PM Refreshments
4:00 PM Puzzle Society Challenge

9:35 AM Wordles & More **26**
10:20 AM Game of Things
11:00 AM Stretch & Balance Exercises
11:30 AM Jokes & Riddles

1:00 PM 8-Ball
2:15 PM Who Am I?
4:00 PM Patio Chat

8:00 AM Advice Column Critique **27**
9:35 AM Visual Spatial Challenges
10:20 AM Talking Turkey
11:30 AM Turkey Day Trivia

1:00 PM Bridge Club
2:15 PM Macy's Thanksgiving Day Parade
4:00 PM Feeling Thankful For...



7:30 Coffee & juice served; Individualized options range from worksheets to reading the paper

9:00 Introduction to the day's schedule

10:00 Assorted programs ranging from art to cognitive exercises

11:00 Mild physical exercise

11:30 Entertainment & educational programming

Noon Lunch

1:00 Bible study & alternate programs

2:15 Group presentations

2:45 Afternoon refreshments

3:30 Stretching and/or meditation

4:00 Reminiscing

5:00 Participant choice programming

* Schedule may change for special events and programs may be adjusted to meet the needs of participants.

Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality.

For more information, contact:
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